

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 11 (Warmup 11.05 - 11.55)

Event 421 Female 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims Starts at 12:05 PM

1				—
2				—
3	Sullivan, Myla	12	Torfaen D	39.70
4	Enoch, Erin	12	Nofio S Gar	39.38
5	Clements, Olivia	12	Co Newport	39.58
6				—
7				—
8				—

Heat 2 of 8 Prelims Starts at 12:07 PM

1	Pasinskaite, Amelia	12	Co Newport	39.03
2	Foxwell, Emilia	12	Co Cardiff	38.70
3	Clay, Emelia	12	Swansea Aq	38.60
4	Williams, April	12	Swansea Aq	38.31
5	Evans, Hannah	12	Co Newport	38.50
6	Lovell, Amabel	12	Swindon Dolp	38.60
7	Smith, Emily	12	Co Newport	39.00
8	Jones, Lola	12	Heads Valley	39.30

Heat 3 of 8 Prelims Starts at 12:09 PM

1	Kurys, Emiliese	12	Nofio S Gar	38.00
2	Thomas, Phoebe	12	Co Cardiff	37.70
3	Hawkins, Lottie	13	Pembs Cty	37.00
4	Greensill, Evie	13	Co Newport	36.40
5	Parry, Abigail	13	Nofio S Gar	36.50
6	Roberts, Connie-Rae	13	Co Newport	37.30
7	Van Zyl, Giada	12	Co Cardiff	37.90
8	Soul, Anna Florence Rew	12	Swansea Aq	38.12

Heat 4 of 8 Prelims Starts at 12:11 PM

1	Morris, Blair	13	Neath	36.10
2	Pawlowski, Isabelle	14	Corby	35.90
3	Davies, Elizabeth	13	Pembs Cty	35.70
4	Owen, Nel	13	Nofio Gwynedd	35.40
5	Mustey, Caroline	12	Monnow	35.50
6	Morgan-Basini, Ruby-May	14	Merthyr Tydf	35.83
7	Morris, Besi	13	Nofio S Gar	36.00
8	Swatman, Violet	13	Berkhamsted	36.30

Heat 5 of 8 Prelims Starts at 12:13 PM

1	Ballinger, Scarlett	15	Rhondda	35.10
2	Beasley, Evaleigh	13	Swansea Aq	34.50
3	Fordham, Freya	14	Co Newport	34.30
4	Thomas, Carys	14	Kettering	34.29
5	McCooole-Jones, Elen	15	Holywell	34.30
6	Lendnau-Moulton, Ava	15	Wrexham	34.30
7	Williams, Paige	14	Swansea Aq	34.95
8	M'Keown, Emily	12	Holywell	35.40

Heat 6 of 8 Prelims Starts at 12:15 PM

1	Burns, Freya	15	Nofio S Gar	33.91
2	Hughes, Nel	15	Nofio Gwynedd	33.50
3	Layland, Seren	15	Penyrheol	33.00
4	Davies, Isla	13	Nofio S Gar	31.50
5	Fowler, Maisie	15	Rct Squad	32.59
6	Van Zyl, Kiara	14	Co Cardiff	33.40
7	Williams, Layla	14	Newtown	33.70
8	Mellor, Medi	14	Nofio Bangor	34.10

Heat 7 of 8 Prelims Starts at 12:17 PM

1	Duggan, Ella	15	Rct Squad	33.76
2	Williams, Leah	15	Nofio Gwynedd	33.49
3	Donaldson, Evie	14	Co Newport	33.00
4	Spence, Emilia	15	Co Birm'ham	31.47
5	Reasons, Darcy	14	Torfaen D	32.09
6	Jones, Hunydd	15	Nofio S Gar	33.36
7	Eyre, Maiya	14	Buckley	33.60
8	Sutton, Emily	15	Nofio Gwynedd	34.10

Heat 8 of 8 Prelims Starts at 12:19 PM

1	Bissicks, Cari	15	Neath	33.75
2	Emms, Ela	14	Co Cardiff	33.46
3	Roberts, Rosie	14	Torfaen D	32.67
4	Sweet-Roberts, Pip	14	Torfaen D	31.10
5	Prosser, Sofia	14	Torfaen D	32.00
6	Taffetsauffer, Isabella	15	Nofio S Gar	33.20
7	Thurston, Rene	15	Newtown	33.50
8	Gordon, Mabli	15	Bridgend Cty	34.00

Event 422 Boys 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims Starts at 12:21 PM

1	Jones, Zac	12	Co Cardiff	39.00
2	Pawlowski, Oscar	12	Corby	38.57
3	Irish, Alexander	12	Newmarket	37.20
4	Williams, Lucas	12	Swansea Aq	37.07
5	Berry-Martin, Finnlay	12	Co Cardiff	37.10
6	Leahy, Herbie	12	Pembs Cty	38.54
7	Griffiths, Dylan	12	Co Newport	39.00
8				—

Heat 2 of 6 Prelims Starts at 12:23 PM

1	Leigh, Jacob	13	Co Cardiff	36.70
2	Hewitt, Oscar	13	Monnow	36.29
3	Tennant, Zeke	13	Eastbourne	36.12
4	King, Henri	13	Co Cardiff	35.75
5	Stanford-Jason, Matthew	13	Salisbury	35.80
6	Gilligan, Lucas	13	Rct Squad	36.14
7	Hale, William	13	Co Newport	36.67
8	Hamer, Tom	12	Co Hereford	37.01

Heat 3 of 6 Prelims Starts at 12:25 PM

1	Garrett, Ben	13	Merthyr Tydf	35.54
2	Martenko, Fletcher	13	Rct Squad	34.84
3	Ogden, George	14	Redditch	34.32
4	Gray-Thomas, Jayden	14	Conwy	34.20
5	Jones, Dafydd	14	Carmarthen	34.30
6	Collins, Thomas	14	Penyrheol	34.40
7	Miller, Ethan	13	Ruthin	35.50
8	Monan, Euan	13	Pembs Cty	35.65

Heat 4 of 6 Prelims Starts at 12:27 PM

1	Pugh, Bryn	13	Torfaen D	33.92
2	Mrozinski, Michal	14	Conwy	32.50
3	Noden, Rory	14	Pembs Cty	32.09
4	Goodey De Diego, Lucas	15	Guildford Ct	30.32
5	Jenkins, Rhys	13	Co Cardiff	30.89
6	Williams, Zach	15	Torfaen D	32.30
7	Palmer, Evan	14	Torfaen D	33.51
8	Bevan, Driw	14	Nofio S Gar	34.20

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 11 (Warmup 11.05 - 11.55)

Heat 5 Prelims (#422 Boys 12-15 50 LC Meter Backstroke)

1	Staples, Max	13	Rhondda	33.90	___
2	Stanford-Jason, Samuel	15	Salisbury	32.50	___
3	Samuel, Jake	15	Merthyr Tydf	32.04	___
4	Linge, Reece	15	EllesmereCSA	30.03	___
5	Hamer, Joe	15	Co Hereford	30.40	___
6	De Haan, Charlie	13	Holywell	32.26	___
7	Watkins, Dylan	14	Torfaen D	33.46	___
8	Hughes, Fraser	14	Rhondda	34.19	___

Heat 6 of 6 Prelims Starts at 12:31 PM

1	Hughes, Elis	13	Southwold	33.88	___
2	Rees, Gwyn	15	Wantage	32.30	___
3	Harwood, Jack	15	Pembs Cty	31.20	___
4	Elmes, Max	15	Nofio S Gar	29.50	___
5	King, Ethan	14	Penyrheol	30.33	___
6	Morgan, Cole	15	C Dolphins	32.10	___
7	Williams, Heath	14	Wrexham	33.10	___
8	Harvey-Sullivan, Oscar	14	Swansea Aq	34.13	___

Event 423 Female 12-15 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims Starts at 12:33 PM

1					___
2					___
3	Clements, Olivia	12	Co Newport	1:23.70	___
4	Kendall, Ella	12	Conwy	1:20.10	___
5	Mustey, Caroline	12	Monnow	1:21.49	___
6					___
7					___
8					___

Heat 2 of 5 Prelims Starts at 12:35 PM

1					___
2	Lewis, Evie	13	Pembs Cty	1:18.29	___
3	Cartwright, Thea	13	N Cornwall	1:15.90	___
4	Ballinger, Scarlett	15	Rhondda	1:13.75	___
5	Lee, Seol Lucy	14	Co Cardiff	1:14.23	___
6	Cooksey-Owen, Mollie	13	Co Cardiff	1:17.59	___
7	Morgado, Carolina	12	Wrexham	1:18.80	___
8					___

Heat 3 of 5 Prelims Starts at 12:37 PM

1	Pryce, Isobel	12	Torfaen D	1:12.73	___
2	Taffetsauffer, Isabella	15	Nofio S Gar	1:11.59	___
3	Hughes, Nel	15	Nofio Gwynedd	1:10.15	___
4	Berner, Iyla	13	Nofio S Gar	1:07.80	___
5	Matthews, Catrin	13	Co Cardiff	1:09.48	___
6	O'hara, Noelle	13	Wrexham	1:11.00	___
7	Williams, Lili	15	Rct Squad	1:11.81	___
8	Williams, Layla	14	Newtown	1:13.34	___

Heat 4 of 5 Prelims Starts at 12:39 PM

1	Rowland, Scarlett	14	Nofio S Gar	1:12.20	___
2	Sutton, Emily	15	Nofio Gwynedd	1:11.40	___
3	Pitt, Seren	14	Co Cardiff	1:09.80	___
4	Bennett, Isla	15	Co Cardiff	1:06.59	___
5	Bates, Molly	15	EllesmereCSA	1:08.63	___
6	Emms, Ela	14	Co Cardiff	1:10.85	___
7	Bissicks, Cari	15	Neath	1:11.70	___
8	Jones, Lola-Grace	14	Torfaen D	1:13.26	___

Heat 5 of 5 Prelims Starts at 12:41 PM

1	Kazmiruk, Anastasiia	15	Nofio S Gar	1:12.00	___
2	Dash, Amelie	15	Pembs Cty	1:11.07	___
3	Tejedo, Lola	15	Co Cardiff	1:09.59	___
4	Sweet-Roberts, Pip	14	Torfaen D	1:05.50	___
5	Meenagh, Mai Van	14	Co Cardiff	1:08.62	___
6	Klak, Nina	14	Co Newport	1:10.50	___
7	Cooksey-Owen, Ruby-Mae	15	Co Cardiff	1:11.69	___
8	McFarlane, Una	15	Pembs Cty	1:13.07	___

Event 424 Boys 12-15 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims Starts at 12:42 PM

1					___
2	Nuttall, Harri	13	Rhyl Dolphin	2:44.47	___
3	Harwood, Jack	15	Pembs Cty	2:31.33	___
4	Payne, Sebastian	15	Droitwich	2:23.83	___
5	Evans, Jake	14	Wrexham	2:29.13	___
6	Sekula, Mateusz	15	Rhondda	2:36.20	___
7					___
8					___

Heat 2 of 2 Prelims Starts at 12:46 PM

1					___
2	Ban Jona, Krisztian	15	Co Newport	2:37.69	___
3	Zhen, Bosco	14	Co Newport	2:29.40	___
4	Goodey De Diego, Lucas	15	Guildford Ct	2:22.89	___
5	Williams, Dylan	15	Wrexham	2:25.42	___
6	Hughes, Freddy	14	Rct Squad	2:32.62	___
7	Griffiths, Nicholas	14	Nuneaton	2:46.08	___
8					___

Event 425 Female 12-15 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims Starts at 12:49 PM

1					___
2					___
3	M'Keown, Emily	12	Holywell	6:21.10	___
4	Davies, Elizabeth	13	Pembs Cty	5:55.70	___
5	Roberts, Connie-Rae	13	Co Newport	6:03.69	___
6					___
7					___
8					___

Heat 2 of 3 Prelims Starts at 12:56 PM

1	Beasley, Evaleigh	13	Swansea Aq	5:53.20	___
2	Chauhan, Amber	14	Nofio Bangor	5:42.43	___
3	George, Ellie	15	Rct Squad	5:39.21	___
4	Mellor, Medi	14	Nofio Bangor	5:23.20	___
5	Dowling, Abigail	15	Co Cardiff	5:27.90	___
6	Davies, Macy	14	Torfaen D	5:41.70	___
7	Gray-Thomas, Jessica	13	Conwy	5:43.73	___
8					___

Heat 3 of 3 Prelims Starts at 01:03 PM

1	Pawlowski, Isabelle	14	Corby	5:46.20	___
2	Williams, Lili	15	Rct Squad	5:42.20	___
3	Lewis-Jones, Idele	15	Wrexham	5:33.50	___
4	Bates, Molly	15	EllesmereCSA	5:17.95	___
5	Tejedo, Lola	15	Co Cardiff	5:27.00	___
6	McQuaid, Maria	15	Co Cardiff	5:39.46	___
7	Williams, Leah	15	Nofio Gwynedd	5:43.70	___
8					___

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 11 (Warmup 11.05 - 11.55)

Event 426 Boys 12-15 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims Starts at 01:09 PM

1	Edwards, Owen	12	Torfaen D	1:14.32
2	Hughes, George	12	Mold	1:12.74
3	Mander, Toby	12	Conwy	1:11.50
4	Berry-Martin, Finnlay	12	Co Cardiff	1:10.63
5	Pawlowski, Oscar	12	Corby	1:10.76
6	Leahy, Herbie	12	Pembs Cty	1:12.41
7	Jones, Zac	12	Co Cardiff	1:13.11
8	%Thomas, Ifan S8	14	Cambrian AA/A,12,+	1:33.40

Heat 2 of 7 Prelims Starts at 01:12 PM

1	Martenko, Fletcher	13	Rct Squad	1:09.80
2	Jones, Owain	13	Torfaen D	1:08.70
3	Garrett, Ben	13	Merthyr Tydf	1:07.09
4	Miller, Ethan	13	Ruthin	1:06.60
5	Hewitt, Oscar	13	Monnow	1:06.90
6	Evans, Jonas	12	Mold	1:07.98
7	Irish, Alexander	12	Newmarket	1:09.30
8	Williams, Lucas	12	Swansea Aq	1:10.10

Heat 3 of 7 Prelims Starts at 01:13 PM

1	Jenkins, Rhys	13	Co Cardiff	1:05.22
2	Hughes, Fraser	14	Rhondda	1:05.19
3	Noden, Rory	14	Pembs Cty	1:04.50
4	Jones, Dafydd	14	Carmarthen	1:03.83
5	Bevan, Driw	14	Nofio S Gar	1:04.07
6	Jones, Geraint	14	Amersham	1:05.00
7	King, Henri	13	Co Cardiff	1:05.20
8	Pugh, Bryn	13	Torfaen D	1:05.93

Heat 4 of 7 Prelims Starts at 01:15 PM

1	Williams, Heath	14	Wrexham	1:03.62
2	Mrozinski, Michal	14	Conwy	1:03.00
3	Zhen, Bosco	14	Co Newport	1:02.20
4	Hughes, Freddy	14	Rct Squad	1:02.03
5	Evans, Jake	14	Wrexham	1:02.10
6	Palmer, Evan	14	Torfaen D	1:02.65
7	De Haan, Charlie	13	Holywell	1:03.50
8	Cook, Noah	13	Torfaen D	1:03.80

Heat 5 of 7 Prelims Starts at 01:17 PM

1	Hale, Oliver	15	Swansea Aq	1:01.33
2	Williams, Dylan	15	Wrexham	1:00.20
3	Payne, Sebastian	15	Droitwich	58.78
4	Woodrow, Leo	15	TauntonDeane	56.40
5	Elmes, Max	15	Nofio S Gar	58.21
6	Rees, Gwyn	15	Wantage	59.90
7	Harvey-Sullivan, Oscar	14	Swansea Aq	1:00.63
8	Bancroft, Theo	14	Monnow	1:02.00

Heat 6 of 7 Prelims Starts at 01:19 PM

1	Taylor, Nicholas	15	Torfaen D	1:01.24
2	Harwood, Jack	15	Pembs Cty	1:00.10
3	Jones, Sam	13	Co Cardiff	58.57
4	Castillo, Airam	15	Co Cardiff	55.82
5	Duggan, Elliot	15	Bridgend Cty	58.08
6	Evans, Sam	14	Pembs Cty	59.67
7	Williams, Zach	15	Torfaen D	1:00.63
8	Jones, Noah	15	Torfaen D	1:01.72

Heat 7 of 7 Prelims Starts at 01:20 PM

1	Morgan, Cole	15	C Dolphins	1:01.21
2	Bastyan, Tobias-Luke	15	Torfaen D	59.98
3	Goodey De Diego, Lucas	15	Guildford Ct	58.29
4	Douglas, Lucas	15	Neath	55.54
5	Linge, Reece	15	EllesmereCSA	57.74
6	King, Ethan	14	Penyrheol	59.59
7	Gregory, Jaiden	15	Rct Squad	1:00.55
8	Stanford-Jason, Samuel	15	Salisbury	1:01.64

Event 427 Female 12-15 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims Starts at 01:22 PM

1				
2				
3	Clements, Olivia	12	Co Newport	2:42.30
4	Thomas, Phoebe	12	Co Cardiff	2:41.69
5	Healy, Madelyn	12	Bridgend Cty	2:41.93
6				
7				
8				

Heat 2 of 6 Prelims Starts at 01:25 PM

1	Sullivan, Myla	12	Torfaen D	2:39.20
2	M'Keown, Emily	12	Holywell	2:36.20
3	Morgado, Carolina	12	Wrexham	2:33.70
4	Britton, Nahla	13	Co Cardiff	2:32.67
5	Thomas, Eleanor	13	Co Newport	2:33.19
6	Kendall, Ella	12	Conwy	2:35.60
7	Kurys, Emiliese	12	Nofio S Gar	2:37.90
8	Enoch, Erin	12	Nofio S Gar	2:41.52

Heat 3 of 6 Prelims Starts at 01:29 PM

1	Ryan, Ellie	13	Co Cardiff	2:28.58
2	Lewis, Evie	13	Pembs Cty	2:27.70
3	Pryce, Isobel	12	Torfaen D	2:25.50
4	Owen, Nel	13	Nofio Gwynedd	2:25.40
5	Lawn, Lexi	13	Torfaen D	2:25.40
6	Jones, Lola-Grace	14	Torfaen D	2:26.12
7	Davies, Ava-Rose	13	Nofio S Gar	2:28.18
8	Van Zyl, Giada	12	Co Cardiff	2:32.16

Heat 4 of 6 Prelims Starts at 01:32 PM

1	McFarlane, Una	15	Pembs Cty	2:23.58
2	Thomas, Carys	14	Kettering	2:20.94
3	Innocent, Aurelia	15	Co Cardiff	2:16.40
4	Reasons, Darcy	14	Torfaen D	2:12.70
5	Davies, Isla	13	Nofio S Gar	2:14.00
6	Reed, Isabella	15	Co Cardiff	2:18.29
7	Gordon, Mabli	15	Bridgend Cty	2:22.24
8	Eyre, Maiya	14	Buckley	2:25.36

Heat 5 of 6 Prelims Starts at 01:35 PM

1	McCoole-Jones, Elen	15	Holywell	2:22.98
2	O'hara, Noelle	13	Wrexham	2:19.97
3	Berner, Iyla	13	Nofio S Gar	2:14.90
4	Sherrard, Alex	14	Torfaen D	2:11.31
5	Spence, Emilia	15	Co Birm'ham	2:13.15
6	Roberts, Rosie	14	Torfaen D	2:17.80
7	Lawn, Gayle	13	Torfaen D	2:21.97
8	Elson, Caitlin	14	Wrexham	2:25.05

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026**Meet Program - Session 11 (Warmup 11.05 - 11.55)****Heat 6 Prelims (#427 Female 12-15 200 LC Meter Freestyle)**

1	Morgan, Evelyn	15	Nofio S Gar	2:22.24	___
2	Ribeiro, Ariana	15	Co Cardiff	2:18.44	___
3	Burns, Freya	15	Nofio S Gar	2:14.76	___
4	Allen, Isabel	15	Co Cardiff	2:10.89	___
5	Donaldson, Evie	14	Co Newport	2:12.95	___
6	Hughes, Nel	15	Nofio Gwynedd	2:17.30	___
7	Patterson, Hollie	15	Carmarthen	2:21.36	___
8	Ryan, Mia	15	Rct Squad	2:23.76	___

Event 428 Boys 12-15 1500 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 01:41 PM

1					___
2					___
3	Irish, Alexander	12	Newmarket	20:57.33	___
4	Bowes, James	14	Nofio S Gar	19:28.40	___
5	Stanford-Jason, Matthew	13	Salisbury	20:39.30	___
6					___
7					___
8					___

Heat 2 of 2 Finals Starts at 02:03 PM

1	Tennant, Zeke	13	Eastbourne	19:12.98	___
2	Chalk, Alistair	14	Co Newport	18:29.53	___
3	Csoban, Benjamin	15	Co Newport	18:20.00	___
4	Davies, Callum	15	Okehampton	17:39.70	___
5	Baldwin, Thomas	15	Holywell	18:08.00	___
6	McCullagh, Patrick	14	Holywell	18:27.91	___
7	Evans, Sam	14	Pembs Cty	19:02.69	___
8					___